

## PROGRAMS AND SERVICES

### Need a Ride?



Curb-to-curb transportation service is available for disabled persons and seniors, age 60 and over, who reside in the City of Lawndale. The ride is free of charge to residents. Pick-ups are made anywhere within the incorporated boundaries of Lawndale. The service is available for medical, dental, banking, shopping, hairdressing and recreation activities. The service operates Monday thru Friday from 8:00 a.m. to 4:00 p.m. For more information, leave a voice mail message at (310) 973-3287. 48-hour advance notice required (Monday thru Friday only.)

### Case Management Services

We can assist you with coordinating or linking to the following support services: transportation, Meals on Wheels, house cleaning, legal services, forms completion, health benefits counseling, and housing. The City of Lawndale, in conjunction with the City of Gardena Senior Citizen Bureau provides case management services to Lawndale residents aged 60+. Confidential, one-on-one assistance can be given in your home or at the Lawndale Community Center. Call (310) 973-3270 for an appointment.

### Meals On Wheels

Great meals! Great prices! Free delivery! Residents of Lawndale who are unable to prepare their own meals due to disability or other health reasons are eligible to receive home delivered meals. The program is offered in conjunction with the Salvation Army. The cost for a hot, nutritious meal delivered Monday thru Friday, between 10:30 a.m. and 1:00 p.m. is \$4.00 each. For more information, leave a voice mail message at (310) 973-3278.



### USDA Commodities

For those that qualify, USDA Commodities are distributed every Wednesday in the Lawndale Community Center at 10:00 a.m., until supplies are gone.